

6-7-10

**H1N1 flu is circulating at lows levels across the U.S. Flu prevention and illness management is still very important.**

**\*H1N1 vaccine information** - The Campus Health Service has limited supplies of the H1N1 vaccine available to all UA students, staff, and retirees.

If you would like to receive the vaccine, come to the Campus Health Service between the hours of 8am-12noon and 1pm-4:00pm Monday, Tuesday, Thursday or Friday –or- from 9am-12noon and 1pm-4:00pm on Wednesdays. Enter through the Urgent Care Clinic doors on the main floor of the Highland Commons Building and proceed directly to the Immunization Clinic. There is no need to check in at the front desk.

There is no charge for an H1N1 flu vaccine received through the Campus Health Service.

The H1N1 flu vaccine is also now more widely available in the Tucson community. To find locations for other H1N1 flu shot clinics, please check the Pima County Health Department's website at [http://www.pimahealth.org/disease/h1n1\\_influenza.asp](http://www.pimahealth.org/disease/h1n1_influenza.asp).

The H1N1 flu vaccine is produced in the same way as seasonal flu vaccines. The shots are proving to be just as safe. They will not provide protection against seasonal flu, or against flu-like illnesses that can be caused by other viruses.

To protect against seasonal flu, which is more likely to occur during the months of January through March (typical peak flu months), you'll need to get a seasonal flu shot. The Campus Health has been able to acquire a very limited amount of additional seasonal flu vaccine that is also available through our Immunization Clinic (see above re: location and hours of operation). Seasonal flu vaccine is available locally through Mollen Clinics. To see their flu shot clinic schedule, go to <http://mollen.com/>. There is a charge associated with the seasonal flu vaccine.